



PART 3: OPEN YOUR HANDS

KEY SCRIPTURE

Mark 8:36-37

Mark 1:4-7

John 1:29-30, 35-37

John 3:26-31

DISCUSSION QUESTIONS

1. Who is your favorite person? Why?
2. Pastor Will taught that we all desire someone's approval, attention, or affirmation. But the problem is that our affirmation bucket leaks—there's never enough to fully satisfy us. How have you experienced this?
3. Read John 3:27-30, where John the Baptist responded to the notion that some people were beginning to follow Jesus instead of him. What stands out to you? What does this passage say about John's posture?
4. In John 3:27 John the Baptist says, "A person can receive only what is given them from heaven." What variables beyond your control have made you who you are? Are you ever tempted to be prideful of any of these variables? Are you ever tempted to be fearful of these variables?
5. What have you been clinging to that you need to let go of?
6. In this series we've discussed three habits keeping your soul healthy:
 - Surrender your will
 - Monitor your heart
 - Open your hands

Of the three, what do you need to do most? What makes you say that? What can you do to keep the three habits in front of you?

Application Prayer: Heavenly Father, I open my hand fully to you today. I trust you will provide for me and those I am responsible for. All that I am and all that I have is yours.

I can receive only what is given to me from heaven. I'll be grateful for whatever comes my way.

*I will not cling to what I cannot keep.
What I cling to eventually decreases in value.
What I make available to God multiplies in value.*