



PART 2: THE COURAGE TO LIVE IN THE LIGHT

INTRODUCTION

Learn how to cultivate and grow courage so you can start overcoming fears that hold you back from what you know you should do, need to do, and feel called to do.

KEY SCRIPTURE

Hebrews 4:13-16

James 5:16

DISCUSSION QUESTIONS

1. What would you like to do once you're no longer afraid?
2. What are some things that no one knows about in your life? Have you been hiding them in the dark?
3. What is your comfort in keeping things hidden costing you? What is your comfort costing others?
4. Hebrews tells us nothing in all creation is hidden from God's sight. How do you feel about God knowing and seeing all the things you have kept from everyone else?
5. Jesus is our high priest and is able to empathize with us because he himself has been tempted in every way. Knowing this, how do you feel about confessing all your secrets to him?
6. The bible tells us to confess our sins to each other and pray for each other to be healed. Who is a righteous person in your life? What would it take for you to confess your sins to them? What steps do you need to take to get there? How can this group help you do that?

Application Prayer: Jesus, I commit to confess to you and a trusted friend that's your follower. I receive your mercy and grace today!