



Love One Another

THE SECRETS TO SUSTAINED HEALTHY RELATIONSHIPS

PART 1: IMAGE IS EVERYTHING

INTRODUCTION

The oldest human problem, and the first one recorded in the Bible, is isolation. As a society, we're becoming increasingly isolated, insulated, and independent, and it has reached the crisis level. This series will help us learn how to create a culture of life-sustaining relationships, which we all need.

KEY SCRIPTURE

Genesis 1:26

Matthew 12:47-49

Genesis 2:18-20

John 15:12-13

DISCUSSION QUESTIONS

1. How have you seen or experienced feelings of being isolated, invisible, or insignificant lead to increased levels of anxiety, depression, or stress in others or in yourself?
2. Pastor Will taught that in creation God turns chaos, which is not good, into order, which is good. Which is the better descriptor of your life right now: chaos or order? Why?
3. God identifies the first human problem as isolation in Genesis 2:18. How is isolation the opposite of God's own image that he created us to mirror (Genesis 1:26)?
4. Describe the most positive relationships you have right now?
5. Most adults settle for relationships that are efficient—they are practical, functional, and transactional. How have you settled for efficient relationships?
6. What makes intentional, deep, meaningful relationships difficult for you personally?
7. What is one step you can take this week to intentionally pursue a meaningful friendship instead of a convenient, surface-level relationship?

Application Prayer: Lord Jesus, I am tired of fighting the chaos of loneliness and isolation. Please bless my steps toward connecting with other members of your family. I commit my life to you and your community.