



## **PART 3: THE SECRET POWER OF HUMILITY**

### **INTRODUCTION**

In the first century, the cross was a symbol of suffering and shame. In this series, we'll talk about how it represents an empowering invitation to a completely different way of life.

### **KEY SCRIPTURE**

1 Peter 5:5  
Proverbs 3:34

1 Corinthians 1:18  
Matthew 14:15-16

John 6:14-15  
John 13:12-13, 15

### **DISCUSSION QUESTIONS**

1. In your own words, describe humility. Name someone you know of that personifies humility.
2. What is it about somebody who shows humility that attracts others to them or makes people like them?
3. Read John 6:5-15, where Jesus miraculously fed thousands of people. In what ways did Jesus demonstrate humility here?
4. Where do you most often experience recognition, perks, and privilege? What would it look like to chase humility in those contexts?
5. Read John 13:12-15. What would choosing humility look like for you? Who could you leverage your power and authority to benefit?
6. If you really believed that the cross represents a way of living, how would it change the way you live?

**Application Prayer:** Jesus, I choose humility as my posture for life, as you did. I surrender myself to the way of the cross.

*In your relationships with one another, have the same mindset as Christ Jesus:  
Who, being in very nature God, did not consider equality with God something to be used to his own advantage;  
rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being  
found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross!  
Therefore God exalted him to the highest place and gave him the name that is above every name.  
-Philippians 2:5-9*