

SOUL TENDING

Pastor Shawn Parish

BIBLE VERSES

Matthew 13:3-23

DISCUSSION QUESTIONS

1. In what ways would you say your life is better today than five or ten years ago when it comes to finances, material possessions, experiences, career, etc?
2. How have you experienced these things, or the pursuit of these things, causing you stress, keeping you from experiencing joy, and depleting your soul...your relationship with God? Or how have you observed this in somebody else's life?
3. What are the things in your life that leave you feeling overwhelmed or resentment? What are the things that keep you from moving forward? What are the things that keep you chasing more and prevent you from being fulfilled with what you have?
4. If you were to "play the movie forward" what does your future relationship with your kids look like based on your current relationship with your kids? What does your relationship with others look like based on your current relationship with others? What does your life look like based on what it looks like now?
5. Pastor Shawn said that the key to a healthy soul is to stop—don't stop living, but stop worrying about outcomes. How do you try to manipulate and control outcomes in your life?
6. Read Matthew 13:23. The key to good, healthy soil in our lives is not to stop serving people, not to stop being productive, and is not to stop having dreams for the future. The key to good, healthy soil in our lives is to stop carrying the weight of the outcome of those we serve, to stop carrying the weight of the outcome of our productivity, and to stop carrying the weight of the outcome of our dreams, and instead to allow Jesus to carry that weight by trusting him. Where do you struggle to trust Jesus the most? With those you serve? With your productivity? With your dreams?
7. What step will you take towards trusting Jesus more?