



PART 3: THERE'S A BETTER WAY...

INTRODUCTION

Whether fueled by fear, insecurity, or a past event, many of us construct a paper wall of excuses that holds us back. We often pass these excuses off as reasons, but in reality they are lies we tell ourselves about ourselves. It's time to break through the excuses you make that keep you from being who God created you to be.

KEY SCRIPTURE

1 John 1:8-9

John 8:12

John 8:31-35

DISCUSSION QUESTIONS

1. Do you easily admit you're wrong? If so, what makes you say that? Would the people closest to you say you readily admit it when you're wrong?
2. Have you ever caught yourself lying to yourself? What enabled or forced you to see the lie for what it was?
3. Did either of your parents excuse a bad habit or character deficit? If so, how did it impact the family dynamic?
4. Are you currently holding on to an excuse that is keeping you from one or more of these? If so, what's the excuse?
 - Having a necessary conversation with someone
 - Showing someone kindness
 - Finishing an important task
 - Spending intentional time with a family member
 - Forgiving someone
5. Would you commit John 8:12 to memory?

Application Prayer: Jesus, I don't want to live another day as a slave to the sin of self-deception. I confess my sin and turn to you to follow you, as your disciple. Thank you for setting me free.