



PART 1: JOY IS FOR EVERYONE

KEY SCRIPTURE

Luke 1:26-47

DISCUSSION QUESTIONS

1. What things make you happy? When is it most challenging for you to have joy?
2. The number one destroyer of joy is anxiety. What makes you anxious? What do you do when you're anxious?
3. Read Luke 1:26-30. How do you define "favor with God?" How would your day to day life be different if you really believed that you have favor with God in the middle of whatever circumstance is trying to steal your joy?
4. People used to say that Elizabeth would never be a mom. People used to say Mary is just a poor, young girl that would never be significant. What did people used to say about you? Read Luke 1:37. Do you believe that what used to be impossible for you is now possible with God? How can you remind yourself of this truth every day?
5. When Mary was anxious she chose to trust God and accept his plan. And God provided three things for Mary to cope with her anxiety:
 - He gave his Word (through Gabriel)
 - He gave his grace and favor
 - He gave her an Elizabeth—someone with more perspective and wisdom to share with her
 - He's given you His Word too. What is at least one truth from God's Word that speaks to whatever makes you anxious?
 - He's given you grace and favor too. Have you accepted his ultimate grace and favor by trusting Jesus?
 - Who is somebody older and wiser that you could ask to walk with you through whatever circumstance is trying to steal your joy?

Application Prayer: Lord, I trust you with this situation that's trying to rob my joy. I am your servant. May everything you have said about me, or desire for me, come true.