

**PART 2: ANGER** 

## INTRODUCTION

More often than not, we avoid sins in their extreme form but regularly commit them in a more covert form that Jesus is still very concerned about. In Matthew 5 Jesus gives six examples where, in His masterful fashion, He exposes our real struggle with sin, and he teaches us to transform and sharpen our thinking to the kind of life required of His disciples. The kind of life that truly sets us free! Are you ready to think more like Jesus?

## KEY SCRIPTURE

Matthew 5:20-22 Exodus 20:13 Galatians 3:21 1 Samuel 16:7 James 1:20 Ephesians 4:26-27

## **DISCUSSION QUESTIONS**

- 1. Have you ever been in a relationship with someone who is just going through the motions? What was that like?
- 2. In what parts of your life is your outward appearance not in alignment with your heart?
- 3. What subjects, people, issues, circumstances, etc. cause you to become angry?
- 4. Pastor Will said that you can be right about the things that make you angry, but still not be righteous. If you were being completely honest, on a day to day basis which is more important to you: being right, or being righteous?
- 5. Read Matthew 5:21-22. Jesus taught that not only was murder wrong, but the anger behind the act is just as serious, because before murder happens outwardly, it happens within us, as we hold on to resentment against someone else. Who are you holding any resentment against?
- 6. When are you most likely to call somebody an idiot or a jerk? What is your response to knowing that Jesus taught that contemptuous name calling makes it impossible for us to live in harmony with God's Kingdom?
- 7. Where is anger taking control of your life right now?

**Application Prayer:** Lord, I need your help controlling my anger. I don't want it to hurt my relationship with you or others anymore. I surrender to you and your way of thinking.