

CYCLES

Pastor Sam Griffin

BIBLE VERSES

2 Kings 13:1-6

Isaiah 29:13

2 Kings 13:23

Luke 9:23

DISCUSSION QUESTIONS

1. What are some of the silly cycles you get caught in from time to time? (i.e. sweet snack - salty snack; long hair - short hair; etc.)
2. What are some unhealthy emotional or relational cycles that you get caught in sometimes?
3. Read 2 Kings 13:1-6. The Israelites were in a cycle that looked like this: sin - consequences - ask God for help - things get better - sin... Describe a time when you've been stuck in a similar cycle.
4. When are you most likely to call out to God for help? As you honestly think about your prayer life, do you want more of what God can do for you or do you want more of God?
5. Have you considered the idea that God wants to help you, but more than that God wants to spend time with you?
6. What consistent habits or disciplines in your life have helped you grow to trust God more?
7. Spend some time reflecting with your group on the following questions:
 - Who is God?
 - What has God done?
 - Who am I?
8. What is a time and place that you can set aside to spend connecting with God everyday?