

BEGIN

Session 1: BEGIN



Recap

The goal of Small Group:

Provide an environment where you can pursue healthy relationships and spiritual growth.

Three things that show up in healthy relationships:

1. Accountability
2. Belonging
3. Care

Two key ingredients to developing healthy relationships:

1. Time
2. Consistency

Three things to get the most out of your group:

1. Show up
2. Join in
3. Be real



Discussion Questions

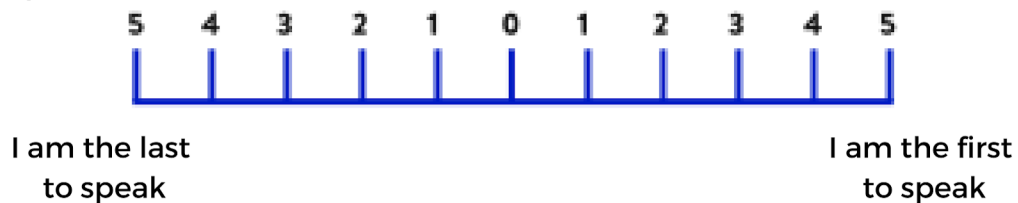
1. What was the best group or team you've ever been a part of? What made it so great?
2. Did that group or team help you grow (i.e. physically, mentally, spiritually)? If so, how?
3. Pastor Will said that a Small Group isn't a Bible class, a support group, or a social club, but that in Small Group you'll read scripture and learn how to apply it to your life, you'll help each other grow, and hopefully you'll make friends and have fun together. What are you personally hoping to get out of your Small Group Experience?



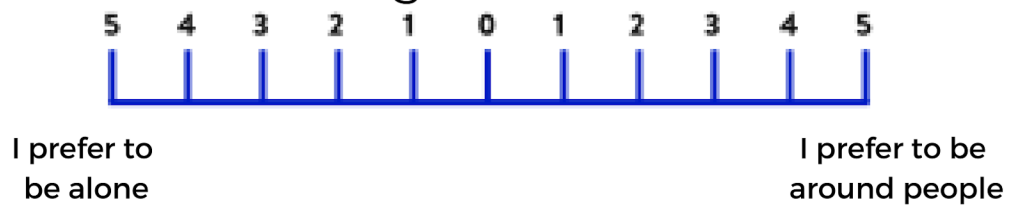
ACTIVITY: HOW YOU CONNECT

Indicate where you fall on the scales below. There are no right or wrong answers - just think about your own tendencies when it comes to connecting with others.

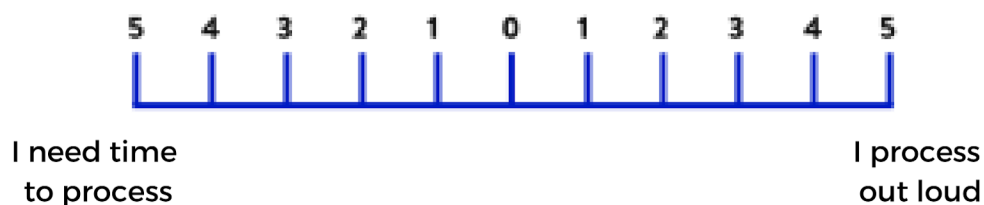
In a group conversation...



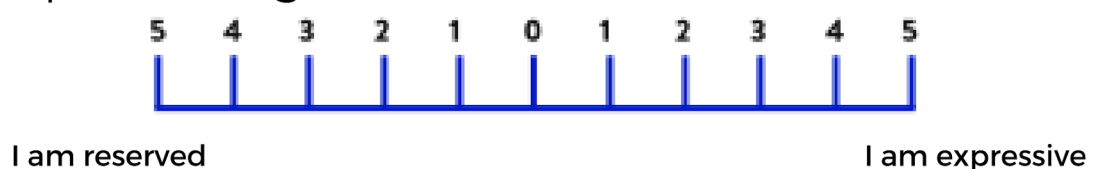
In order to relax and energize...



When processing new Ideas...



When experiencing emotions...



In a group conversation...

How did you rank yourself?

In this group, how can we make sure everyone has a chance to speak?

In order to relax and re-energize...

How did you rank yourself?

How does this play out in your life?

When processing new Ideas...

How did you rank yourself?

In this group, how might this affect you when you are studying something new?

When experiencing emotions...

How did you rank yourself?

When you're excited about something, how will the group know?



THIS WEEK, THINK ABOUT...

The three most important things you can do for your group are to show up, join in, and be real. What internal and external obstacles might keep you from showing up for your group? Joining in by speaking up and being actively engaged? Being real with others in your group? Make a plan on how to overcome these obstacles before they show up.

PRAYER

Heavenly Father, thank You for helping me find a place where I can pursue healthy relationships and spiritual growth. I know it will take time and sometimes it will be challenging, but I'm committing to you now that I will show up, join in, and be real.

