



PART 6: LIVE BY THE SPIRIT

INTRODUCTION

As we start a brand new year it's exciting, but there's also something that feels unsettling. There's a tension going on inside of us that's emotionally and spiritually exhausting. Every day can feel like a battle to stay faithful to God, because we *are* in a battle. There is a war going on...it's a war on lies. It's not so much that we *tell* lies, but that we *live* them. But God gives us a strategy to recognize and resist the enemy and experience victory every day!

KEY SCRIPTURE

Galatians 5:16

2 Peter 2:12

Galatians 5:24-25

Matthew 4:1-2

Genesis 4:7

James 5:16

DISCUSSION QUESTIONS

1. Do you ever feel like you're stuck in a bad habit, or pattern of decisions? You may even know better, but you don't really want to change your habits to change the outcome. Why does this happen?
2. Pastor Will talked about how to crucify our flesh and keep in step with the Spirit. Have you ever thought about what it means to keep in step with the Spirit? What comes to mind?
3. There is game-changing power in the Spirit of Jesus. We have access to His power through habits, practices, and disciplines. Every time you practice a habit of Jesus, your spirit gets a little stronger and your flesh gets a little weaker. What are some spiritual disciplines? Do you practice any spiritual disciplines in your daily life?
4. One of the examples of Spiritual Discipline that Pastor Will shared was fasting. What is one thing that takes your attention and time away from Jesus? What should you consider abstaining from, in order to redirect your focus?
5. Read James 5:16. There is power in acknowledging sin (confession) and changing our habits. How can this group encourage each other to look to Jesus and not the things of the world? How can this group pursue spiritual disciplines together and individually?

MOVING FORWARD

Application Prayer: Jesus, show me where I battle most with the flesh. I surrender to you, not self. I commit to use your practices of fasting and confession to walk in the power of your Spirit.