

# GOD'S WISDOM FOR HEALTHY RELATIONSHIPS



## PART 4: SEX AND MARRIAGE

### INTRODUCTION

God created relationships, so the best place to turn for wisdom in all of our relationships is to God. In the Bible, our Heavenly Father, who loves us more than we could ever imagine, shares principles and truths that can transform all of our relationships.

### KEY SCRIPTURE

Genesis 2:24

1 Corinthians 7:3-5

### DISCUSSION QUESTIONS

1. Pastor Will shared 4 myths that many people have bought into regarding sex and marriage:
  - Myth #1: Sex is necessary to sustain a struggling relationship
  - Myth #2: Porn won't affect your relationships
  - Myth #3: Sex doesn't have to mean anything
  - Myth #4: Moving in together is definitely a step toward marriageWhich of these myths have you believed?
2. How have you experienced or seen the damaging relational effects that believing any of these myths causes?
3. Read Genesis 2:24. The truth behind this verse is that nobody should offer their body physically to another person unless they're also fully offering themselves emotionally, spiritually, socially, financially, legally, and in all other ways ("one flesh"). And this happens only by making a binding three way covenant between you, God, and the other person ("unite" or "cleave"). How does this truth stand in direct opposition to the way the world around us thinks about sex?
4. What is your response to the Biblical Sex Ethic, that sex is only for marriage between a man and a woman?
5. How does thinking about the fact that God created sex for you to enjoy change the way you think about God? Why do you think so many people choose to pursue sex outside of God's guidelines and instruction, even though God created marriage as the only way to get the most enjoyment out of sex?
6. What step do you need to take today to live according to God's guidelines for sex?

### MOVING FORWARD

Application Prayer: Lord, I love you and I submit my sexuality to you to use in the way you've created for my blessing and freedom!