



PART 6: THOUGHTS THAT DETERMINE YOUR DESTINY

INTRODUCTION

We all have a story to tell. You get to decide now what your story will be in the future because of the Harvest Principle: "You will reap what you sow." There is always a correlation between our choices and the outcome of our life. The thoughts we have hold the power to generate fear or to generate joy and gratitude. Ultimately your thoughts will determine your identity and destiny--they will determine your story.

BIBLE VERSES

Proverbs 23:7

Matthew 25:14-28

2 Corinthians 10:3-5

1 Thessalonians 5:16-18

DISCUSSION QUESTIONS

1. What thoughts do you keep having over and over?
2. What/Who are the voices you are listening to or allowing to influence you that shape your thoughts?
3. Pastor Will taught that you are not the victim of your thoughts, but that you are in charge of your thoughts. Do you agree or disagree? Why?
4. How have you experienced temptation in which sin was minimized on the front end and maximized on the back end? In other words, you were tempted to think a specific sin is no big deal on the front end, but afterward you felt guilt, shame, regret and other crippling accusations.
5. Pastor Will taught that to combat these crippling accusations that lead to fear-based thinking we have to capture and reject every thought that contradicts God and his truth. We do this using the spiritual weapons of prayer, faith, hope, love, His Word, and the Holy Spirit. How can you use these weapons today to capture and reject every thought you have that contradicts God and his truth?
6. In 1 Thessalonians 5:16-18 we learn that God's will for every one of us is to be thankful in all circumstances. Thoughts of gratitude change our fear-based thinking and lead to being joyful. What can you do beginning today to develop a discipline of gratitude?

MOVING FORWARD

You have a choice to make every day: Give in to the fear that satan wants to attack you with, or choose joy through gratitude. Ask God to help you identify where you are under spiritual attack and to take captive every thought to make it obedient to him.